STUDENT RESOURCE GUIDE
Student Resource Guide

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On-Campus Resources

Below you will find a list of resources available to assist students dealing with life situations that are impacting their academic and personal success at VCU. If you are not sure where to begin and would like to speak with someone during business hours, call Student Conduct & Academic Integrity (SCAI): SCAI is responsible for administration of the Student Code of Conduct, the VCU Honor System, and other related policies – including policy creation, regular assessment, and compliance with federal reporting. The building does not have an elevator, please call ahead if an alternative meeting location is necessary.

**Location:** 809 W. Broad Street, 2nd floor  
**Phone:** (804) 828-1963  
**Website:** [http://conduct.students.vcu.edu](http://conduct.students.vcu.edu)  
**Email:** honorsystem@vcu.edu or stuconduct@vcu.edu.
Academic Success

Campus Learning Center (CLC)
The CLC provides quality academic support to all Virginia Commonwealth University undergraduates. From one-on-one tutoring, academic coaching and drop-in tutoring to Supplemental Instruction sessions, the CLC offers a variety of ways to help students do well in their classes and reach their academic goals.

Location: Hibbs Hall, 1st Floor, 900 Park Ave.
Phone: (804) 827-8108
Website: http://clc.vcu.edu/
Email: clc@vcu.edu

Career Services
Career Services serves more than 26,000 students and more than 100,000 alumni across both VCU campuses. Through individualized career and professional development, we bridge VCU with industry by delivering relevant services and providing success strategies. We build and maintain community relationships through strategic engagement including evaluation, intentional outreach, and active collaboration.

Location: University Student Commons, 1st Floor, 907 Floyd Ave.
Phone: (804) 828-1645
Website: http://www.careers.vcu.edu/
Email: careers@vcu.edu

Military Student Services (MSS):
MSS addresses the unique needs of incoming and current veterans, active military and dependent students by counseling them during the application process, directing them to available educational benefits and referring them to helpful university services during their time here.

Location: Harris Hall, Room 3122, 1015 Floyd Ave.
Phone: (804) 828-6563
Website: http://militaryservices.vcu.edu/
Email: militaryserv@vcu.edu

Records and Registration
Provides assistance with: Registering for classes, withdrawing or dropping from classes, providing copies of student schedules, processing transcript requests, processing enrollment verifications, updating student address information, degree audits, residency appeals, and explaining registration holds.

Location: Harris Hall, First Floor, Room 1100, 1015 Floyd Ave
Phone: (804) 828-1550
Website: https://rar.vcu.edu/
Email: ssc@vcu.edu

Transfer Center:
The VCU Transfer Center is dedicated to providing information, and support to transfer students, which will enhance their opportunities to develop strong academic preparation; ensure a smooth and seamless transition to Virginia Commonwealth University; and provide the resources necessary for successful progress toward graduation.

Location: MPC, 224, Hibbs Hall, 900 Park Ave
Phone: (804) 827-1349
Website: http://transfer.vcu.edu/
Email: transferinfo@vcu.edu
Writing Center
The Writing Center is a peer-based learning support service for currently-enrolled VCU students. Our primary focus is to help students become the strongest writers possible by providing brainstorming, collaboration, feedback, and development.

Location: Academic Learning Commons, Room 4203, 1000 Floyd Ave.
Phone: (804) 828-4851
Website: http://writing.vcu.edu/
Email: writingctr1@vcu.edu
Administration

Equity and Access Services (EAS)
EAS is committed to fostering a safe environment and ensuring equal access to education and related services to everyone affiliated with the VCU community, including visitors and job applicants, through the following areas: Title IX, all forms of discrimination/harassment, employment equity, and American with Disability Act services.

Location: Moseley House, 1001 Grove Avenue
Phone: (804) 828-1347
Website: http://equity.vcu.edu/
Email: equity@vcu.edu

Student Conduct and Academic Integrity
Student Conduct and Academic Integrity is responsible for the administration of the Student Code of Conduct, the VCU Honor System, and other related policies - including policy creation, regular assessment, and compliance with federal reporting.

Location: 809 W. Broad St. 2nd Floor (No Elevator - call 804-828-1963 to make accommodations)
Phone: (804) 828-1963
Website: http://conduct.vcu.edu/
Email: honorsystem@vcu.edu; stuconduct@vcu.edu
Counseling

University Counseling Services (UCS): UCS aims to provide comprehensive evaluation and consultation for students on best options for their mental health care. This can include any of the following: case management, referral services to a community provider, brief individual and couples therapy, group therapy, consultation, and resiliency workshops. More information about UCS services and how to make an appointment can be found at Students with psychiatric emergencies can reach the on-call therapist provided by UCS at (804) 828-1234.

Monroe Park Campus:
Location: University Student Commons, Room 238 907 Floyd Ave.
Phone: (804) 828-6200
Website: https://counseling.vcu.edu
Email: uccounseling@vcu.edu

MCV Campus:
Location: VMI Building, Room 412, 100 E. Marshall St.
Phone: (804) 828-3964
Website: https://counseling.vcu.edu
Email: uccounseling@vcu.edu

TimelyCare

TimelyCare is a telehealth program that provides free mental health support services for students. Students do not need insurance to access TimelyCare services such as TalkNow. TalkNow is a 24/7, on-demand, crisis support which will connect students to a mental health professional to talk about anything at any time. Students can connect to TalkNow within minutes to discuss any level of concern, from conflicts with roommates to more serious mental health crises.

Phone: 833-4-TIMELY
Website: https://app.timelycare.com/auth/login
Disability & Accessibility

MCV Campus - Division for Academic Success (DAS)
DAS offers academic support services to students in the VCU Health Sciences schools: Allied Health Professions, Dentistry, Medicine, Nursing and Pharmacy. DAS also provides disability support services to students on the MCV Campus who have a documented disability. If you would like to request accommodations, it is recommended that you meet with a staff member at least four weeks before classes are scheduled to begin. The meetings are confidential and are one on one.

Location: 1000 E. Marshall St., Second Floor
Phone: (804) 828-9782
Website: http://das.vcu.edu/
Email: acadsuccess@vcu.edu

MPC – Student Accessibility and Educational Opportunity (SAEO)
SAEO assists in creating a learning environment where all students have equal access to every aspect of the University's programs, services, and activities. We do this through partnerships with students, faculty, and staff to promote students' independence and to ensure the recognition of students' abilities, not disabilities. SAEO determines appropriate academic adjustments such as program and exam modifications, classroom accommodations, and auxiliary aids once students have self-identified themselves and completed the eligibility process.

Location: University Student Commons, Suite 018, 907 Floyd Ave.
Phone: (804) 828-2253
Website: https://saeo.vcu.edu.
Email: saeo@vcu.edu
Diversity and Inclusion

Name Change Resources
VCU supports a culture of inclusion and respect for persons of all backgrounds and identities. The Dean of Students Office can assist you in navigating VCU's process for making changes to some university records regarding your gender, name of use (i.e., not legal name), and other related information such as pronouns and title to reflect identity. Please be aware that some student records must contain your legal name or currently cannot be changed due to the information system. The information provided will only be shared as needed and per each student’s instructions. Your privacy is respected at all times and only the information necessary to make the change will be provided.

Location: Sitterding House, 901 Floyd Ave.
Phone: (804) 828-1244
Website: http://dos.vcu.edu
Email: vcudean@vcu.edu

Office of Multicultural Affairs (OMSA)
OMSA is a resource for Virginia Commonwealth University (VCU) students, faculty, and staff. The primary mission of OMSA is to assist traditionally underserved and/or underrepresented student populations (i.e. race, ethnicity, sexual orientation, gender) through advising, support, program development, retention, mentoring, and by promoting an appreciation of diversity throughout the campus community.

Location: 907 Floyd Ave.
Phone: (804) 828-6672
Website: http://omsa.vcu.edu
Email: omsa@vcu.edu
Financial Support

Financial Aid (MCV)
The Office of Financial Aid provides information and assistance on aid programs and financing options to qualified student who desire to pursue an education at VCU may do so without the hindrance of financial barriers. Provides assistance with: Collecting and reviewing financial aid documents, Checking disbursement status, Reviewing, accounts for outstanding items, and Providing information on alternative funding sources. Qualified students can pay their bill in four equal installments throughout the semester with the Installment Payment Plan.

School of Allied Health Professions, Nursing, and Pharmacy
VMI Building, Room 420
1000 E. Marshall Street
M-F 8:00am - 5:00pm
P: (804) 828-2702

School of Dentistry
Lyons Building, Room 309
520 N. 12th Street
M-F 8:00am - 5:00pm
P: (804) 828-9953

School of Medicine
McGlothlin Medical Education Center
1201 E. Marshall Street, Room 4-306
M-F 8:00am - 5:00pm
P: (804) 828-4006

Go to https://sfs.vcu.edu/

Free Store
The Free Store is an on-campus resource that promotes equitable access to everyday needs like school/art supplies, electronics, home goods and plenty more. VCU students, staff and faculty can donate items and can take items for free! Donations can be accepted anytime.

Location: 201 N Belvidere St. (at the corner of Belvidere St. and Grace St.)
Website: https://sustainability.vcu.edu/free-store/
Email: freestore@vcu.edu

RamPantry
RamPantry exists to address food insecurity by providing in-need VCU students with emergency food. Any VCU student with a VCU ID can access the Pantry. Food can be picked up at RamPantry once a week on Wednesdays or Thursdays on the Monroe Park Campus or by appointment on the MCV Campus.

Location: MPC, University Student Commons, Room 121, 907 Floyd Ave.
Phone: (804) 828-4514
Website: https://dos.vcu.edu/services/ram-pantry/
Email: rampantry@vcu.edu
Regalia Assistance
Regalia assistance will be administered through the Division of Student Affairs. Students must complete the application form. Financial need will be considered as part of the process. Students can retrieve their regalia from their respective Barnes & Noble @ VCU store on either campus per the timeline below. Reimbursement will not be made to students who have previously purchased regalia; assistance is not applicable for online purchases.

Location: 901 Floyd Ave.
Phone: (804) 828-1244
Website: https://dos.vcu.edu/
Email: dsa@vcu.edu

Strategic Enrollment Management and Student Success
Admissions and enrollment support, Financial resources and guidance, student support services are all part of the SEMSS. It is designed to be a “one-stop shopping” experience where students can get answers to their questions regarding their enrollment at VCU. Staff members can answer general questions about student bills, financial aid and registration. The staff also can direct students to the appropriate resources around the university based on their individual needs.

Location: 901 West Franklin St
Phone: (804) 827-8737
Website: http://semss.vcu.edu/
Email: sem@vcu.edu

Student Accounting/ Bills/ Tuition
Provides assistance with: providing copies of and explaining student bills, verifying payments and refunds, explaining any accounting-related holds, and accepting third party scholarship checks and billing authorization.

Monroe Park Campus
Harris Hall
1015 Floyd Avenue, First Floor

MCV Campus
Schools of Allied Health Professions, Nursing and Pharmacy

VMI Building
1000 East Marshall Street, Room 323

School of Medicine
Sanger Hall
1101 East Marshall Street, Room 1-008

Phone: (804) 828-2228
Website: https://sfs.vcu.edu/tuition-and-fees/
Email: stuacctg@vcu.edu

Student Financial Services
Student Financial Services provides information and assistance on aid programs and financing options to qualified students who desire to pursue an education at VCU may do so without the hindrance of financial barriers.

Location: Harris Hall, 1st floor, 1015 Floyd Ave.
Phone: (804) 827-8737
Website: http://sfs.vcu.edu/
Email: sfmc@vcu.edu

The Money Spot
The Money Spot provides FREE peer to peer financial counseling for students regarding Financial Aid, Student Loans, Budgeting, Credit and more. We do not help with investments or small businesses. All the meetings are strictly confidential and there will always be a supervisor in the office should the Money Coaches not be able to answer a question.

Location: Snead Hall, Suite B2170, 301 W Main St
Phone: (804) 828-0512
Website: https://themoneyspot.vcu.edu/
Email: themoneyspot@vcu.edu
Food

RamPantry
RamPantry exists to address food insecurity by providing in-need VCU students with emergency food. Any VCU student with a VCU ID can access the Pantry. Food can be picked up at RamPantry once a week on Wednesdays or Thursdays on the Monroe Park Campus or by appointment on the MCV Campus.

Location: MPC, University Student Commons, Room 121, 907 Floyd Ave.
Phone: (804) 828-4514
Website: https://dos.vcu.edu/services/ram-pantry/
Email: rampantry@vcu.edu
Health and Well-Being

Rams in Recovery
Rams in Recovery is VCU's Collegiate Recovery Program which works to ensure that students do not have to choose between their recovery and their education. We support students inside and outside the classroom, organize events and trips, offer recovery housing and scholarships, and provide space and support for recovery meetings.

Location: 1103 W. Marshall St. Richmond, VA 23284
Phone: (804) 828-1663
Website: https://students.vcu.edu/programs/recovery-support/
Email: recovery@vcu.edu

Recreation and Well-Being
VCU Recreation and Well-Being (RecWell) was created to bring together two separate departments with the same vision of making VCU a healthier and happier place to learn, work, and grow. Even though the name has changed, the commitment of both Recreational Sports and the Health Promotion and Well-Being Center to you has not changed. We are still continuing to offer the high-quality programs and services you have come to expect and rely on. The Well promotes wellness as the foundation for student success by providing support and resources for: empowering students to practice safer and healthy behaviors, fostering inclusive and diverse environments, and advocating for systemic change.

Location: 101 S. Linden St.
Phone: (804) 828-9355
Website: thewell@vcu.edu
Email: thewell@vcu.edu

VCU Recreation offers a diversity of programmed and informal recreational, fitness and sports activities for the VCU community. Resources include: recreation spaces, open recreation courts, equipment checkout and rental, space reservations, tennis/ racquetball court reservations.

Location: Multiple locations
Phone: (804) 827-1100
Website: https://recsports.vcu.edu/
Email: recsports@vcu.edu

University Student Health Services (Student Health)
Student Health provides quality outpatient medical care and public health services, which includes health education programming that empowers students to become full participants in their health care. Student Health services are covered by a health fee that is billed to the student's account each semester. The health fee is billed automatically to all full-time students. Part-time students are charged the health fee only if they present to the clinic requesting services.

Monroe Park Campus:
Location: 1300 W. Broad St., Suite 2200
Phone: (804) 828-8828
Website: http://health.students.vcu.edu
Email: ushs@vcu.edu

MCV Campus:
Location: 1000 E. Marshall St., Room 305
Phone: (804) 828-9220
Website: http://health.students.vcu.edu
Email: ushs@vcu.edu

COVID Services: If you have symptoms, have been identified as a close contact to COVID (and are not fully vaccinated) call 804-MYCOVID (804-692-6843) to discuss next steps or the on-call Student Health professional at (804) 828-8828.

Student Health After-Hours: Student Health Services is closed after hours and on weekends & holidays. However, a designated staff member is available for phone consultation after regular office hours if an urgent medical problem arises. The on-call medical provider can be reached at (804) 828-8828 or (804) 828-9220. Students with psychiatric emergencies can reach the on-call therapist provided by University Counseling Services at (804) 828-1234.
Housing Support

Off Campus Student Services
Off Campus Student Services provides resources and information for students looking for off campus housing.

Phone: (804) 828-4514
Website: https://offcampus.vcu.edu/
Email: offcampus@vcu.edu
Contact: Lisa Mathews-Ailsworth

Residential Life and Housing (RLH)
RLH provides on-campus housing and living learning programs for undergraduates and graduate students.

Location: Gladding Residence Center, 721 W. Main Street.
Phone: (804) 828-7666
Website: http://housing.vcu.edu/
Email: vcuhousing@vcu.edu
Involvement and Belonging

**Division of Student Affairs**
Find a cause, mission or service opportunity to get involved with; get involved on campus through student clubs and organizations, Greek Life or volunteer opportunities; join an Upperclassmen Living-Learning Program that enables students to have an all-encompassing learning experience; become a leader on campus; or find a place to work while you're at VCU.

**Location:** 901 Floyd Ave.
**Phone:** (804) 828-1244
**Website:** [https://students.vcu.edu/](https://students.vcu.edu/)
**Email:** dsa@vcu.edu

**Fraternity and Sorority Life**
The Fraternity and Sorority Life Office provides guidance and support to 40 international fraternities and sororities at Virginia Commonwealth University.

**Location:** 907 Floyd Ave.
**Phone:** (804) 828-6500
**Website:** [https://usca.vcu.edu/fraternity-sorority-life/](https://usca.vcu.edu/fraternity-sorority-life/)
**Email:** contactusca@vcu.edu

**Global Education Office (GEO)**
*International Students & Scholars Program:* The Global Education Office provides a one-stop shop where international students and scholars find the suite of services that help make the most of the opportunity. In this section, find out more about what makes VCU your education destination in the U.S.

**Location:** 912 W. Grace Street, 4th Floor
**Phone:** (804) 828-8471
**Website:** [http://www.global.vcu.edu/students/](http://www.global.vcu.edu/students/)

**Graduate & Professional Student Programming Board (GSPB)**
Develops a culture of engagement through coordination of social, personal and professional enrichment and community engagement programs at the MCV and Monroe Park Campuses.

**Location:** 1110 East Broad St., Room 305 (Hunton Student Center)
**Website:** [https://usca.vcu.edu/fraternity-sorority-life/](https://usca.vcu.edu/fraternity-sorority-life/)
**Email:** gspb@vcu.edu

**RamsConnect**
A one-stop shop for student involvement where students can learn more about VCU's communities, student organizations, and related events to connect and engage.

**Location:** 907 Floyd Ave, Suite 104
**Website:** [https://vcu.campusgroups.com/](https://vcu.campusgroups.com/)
**Email:** studentorgs@vcu.edu

**Student Commons and Activities**
Located at the heart of VCU's Monroe Park Campus, the University Student Commons, known as "The Commons," is the campus center for daily activities and a gathering place for the university community.
Location: 907 Floyd Ave.
Phone: (804) 828-6500
Website: http://usca.vcu.edu/
Email: contactusca@vcu.edu

Student Government Association
The Student Government Association (SGA) works to promote student involvement and actively seek out and represent student opinions by not only working with students but also by ensuring student presence on committees and councils around the University. Additionally, VCU SGA is responsible for appropriating money from the Student Activity Fee to student organizations.

Location: 901 Floyd Ave.
Phone: (804) 828-7551
Website: https://sga.vcu.edu/
Email: sga@vcu.edu
Safety and Crisis Support

Advocacy Services
located within University Counseling Services (UCS), Advocacy Services supports students who are or have experienced sexual assault, dating violence, and/or stalking have the option to meet with a trained advocate. The following services are provided at no cost:

- Referrals to resources on and off-campus
- Assistance with navigating reporting options
- Accompaniments to appointments such as with the Police, Title IX, Housing, Academic Advisors, Student Health Services, VCU Health, Court, and others.
- Safety Planning
- Support in gaining accommodations
- Violence Prevention and Awareness Education
- Advocacy related consultations
  - with staff or friends who want to know how to support survivors
  - to understand more about our program and how we support students

Location: University Student Commons, Room 238 907 Floyd Ave.
Phone: (804)828-6200
Email: myoptions@vcu.edu
Website: https://advocacy.vcu.edu/

Dean of Students Office
The Dean of Students Office offers support and resources for students, faculty, parents, and community members who are concerned for a student’s well-being. Students can also contact the Dean of Students Office with questions and concerns regarding their own needs.

Monroe Park Campus:
Location: Sitterding House, 901 Floyd Ave.
Phone: (804) 828-1244
Website: http://dos.vcu.edu.
Email: vcudean@vcu.edu

MCV Campus:
Location: Hunton Student Center, 2nd Floor, 1110 E. Broad St.
Phone: (804) 828-0525
Website: http://dos.vcu.edu.
Email: vcudean@vcu.edu

Equity and Access Services (EAS)
EAS is committed to fostering a safe environment and ensuring equal access to education and related services to everyone affiliated with the VCU community, including visitors and job applicants, through the following areas: Title IX, all forms of discrimination/harassment, employment equity, and American with Disability Act services.

Location: Moseley House, 1001 Grove Avenue
Phone: (804) 828-1347
Website: http://equity.vcu.edu
Email: equity@vcu.edu
LiveSafe
VCU Police provides the LiveSafe mobile app to the VCU community. The free app is extremely user friendly and available on all Android and iOS devices. It is a powerful safety tool that allows for more efficient exchanges of information between members of the community and the police department. Users can send the VCU Police information about crimes or ongoing incidents. Users can even send along photos or videos evidence of what is occurring. The VCU Police can also transmit information to users about ongoing incidents or important safety tips. Tips submitted through LiveSafe are monitored by VCU Police dispatchers 24/7, just as all emergency calls at VCU are monitored. More information about LiveSafe can be found at https://police.vcu.edu/stay-safe/livesafe/.

National Suicide Prevention Lifeline: The National Suicide Prevention Lifeline provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week, across the United States. More information about the National Suicide Prevention Lifeline can be found at Phone: (800) 273-8255

Website: http://suicidepreventionlifeline.org/.

RidePingo
RidePingo Pingo is a safe and easy way for you and your community to share the ride, wherever you want to go! With our easy-to-use app, Ride Pingo will pick you up wherever you are and get you on your way within minutes.

If you have questions regarding the Ride Pingo app, visit go.vcu.edu/ramsafe or contact ramsafe@vcu.edu. Should you need assistance with placing your ride request during the service hours of 5 p.m. to 8 a.m., please contact 828-SAFE (7233) or (804)250-5019.

Substance Abuse Services
The Wellness Resource Center (The Well): The Well works with VCU administration and students to maximize student success by fostering a healthy campus environment. These efforts include supporting our students through various substance abuse services: Recovery Support, the Recovery Clubhouse, and the Pathways to Choices program.

Location: 815 S. Cathedral Place
Phone: (804) 828-9355
Website: http://thewell.vcu.edu
Email: recwell@vcu.edu

The Wellness Resource Center (The Well)
The Well provides sexual assault, domestic and/or dating violence, and stalking services through confidential advocates who are here to provide VCU students with support and options as they determine their next steps.

Location: 815 S. Cathedral Place
Phone: (804) 828-9355
Website: http://thewell.vcu.edu
Email: recwell@vcu.edu

University Counseling Services (UCS)
UCS aims to provide comprehensive evaluation and consultation for students on best options for their mental health care. This can include any of the following: case management, referral services to a community provider, brief individual and couples therapy, group therapy, consultation, and resiliency workshops. Students with psychiatric emergencies can reach the on-call therapist provided by UCS at (804) 828-1234.

Monroe Park Campus:
Location: University Student Commons, Room 238 907 Floyd Ave.
Phone: (804) 828-6200
Website: https://counseling.vcu.edu
Email: uccounseling@vcu.edu

MCV Campus:
Location: VMI Building, Room 412, 100 E. Marshall St.
Phone: (804) 828-3964
Website: https://counseling.vcu.edu
Email: uccounseling@vcu.edu

VCU Police Department
VCU Police Department provides comprehensive law enforcement and security services to MPC, MCV, and the surrounding Richmond Community. VCU Police Officers are available 24 hours a day, 7 days a week.

Location: 224 E. Broad St.
Phone: (804) 828-1234
Website: https://police.vcu.edu/
Email: policedept@vcu.edu

YOU at VCU
YOU at VCU is a confidential online platform that allows students, faculty, and staff to find tips and tools for everything from your mental and physical health, to friendships and finding balance. It's all here.
https://you.vcu.edu/
Student Support

Advocacy Services
located within University Counseling Services (UCS), Advocacy Services supports students who are or have experienced sexual assault, dating violence, and/or stalking have the option to meet with a trained advocate. The following services are provided at no cost:

- Referrals to resources on and off-campus
- Assistance with navigating reporting options
- Accompaniments to appointments such as with the Police, Title IX, Housing, Academic Advisors, Student Health Services, VCU Health, Court, and others.
- Safety Planning
- Support in gaining accommodations
- Violence Prevention and Awareness Education
- Advocacy related consultations
  - with staff or friends who want to know how to support survivors
  - to understand more about our program and how we support students

Location: University Student Commons, Room 238 907 Floyd Ave.
Phone: (804)828-6200
Email: myoptions@vcu.edu
Website: https://advocacy.vcu.edu/

Immigration Advising: Immigration Advising supports VCU’s global mission by providing timely, accurate, and considerate visa guidance and services to the university’s international students, scholars, employees, and official visitors—and to the deans, faculty and administrators who work closely with them.
Location: 912 W. Grace Street, 4th Floor
Phone: 804-828-0595
Website: http://www.global.vcu.edu/students/immigration/
Email: GEOIS@vcu.edu

Urgent Care Resources:
- Patient First (multiple locations): Closest location to VCU is Patient First - Carytown, 12 N. Thompson St, (804) 359-1337, open 8am to 8pm daily
- BetterMed Urgent Care (multiple locations): Closest location to VCU is near Willow Lawn, 5215 W. Broad St, (804) 554-5688, open 8am to 8pm daily
- CVS Minute Clinics (multiple locations): Closest location to VCU is 3514 W Cary St, (804) 355-8533

Local Emergency Rooms & Hospitals: Students who desire emergency room evaluation should proceed directly to the emergency room or call 911. It is not necessary to contact Student Health’s on-call provider for an emergency room referral.
- VCU Medical Emergency Room: 1213 E Clay St, Richmond VA 23298; (804) 828-9000
- Bon Secours St. Mary's Hospital: 5801 Bremo Rd, Richmond, VA 23226; (804) 285-2011
- Chippenham Hospital: 7101 Jahnke Rd, Richmond, VA 23225; (804) 483-0000
- Johnston-Willis Hospital: 1401 Johnston-Willis Dr, Richmond, VA 23235; (804) 483-5000
- Henrico Doctors Hospital: 1602 Skipwith Rd, Richmond, VA 23229; (804) 289-4500
- Bon Secours Memorial Regional Medical Center: 8260 Atlee Rd, Mechanicsville, VA 23116; (804) 764-6000
- Retreat Doctors Hospital: 2621 Grove Ave., Richmond, 23220; (804) 254-5100
Off-Campus Resources

HEALTH & WELL-BEING

Center for Psychological Services & Development: The Center for Psychological Services and Development (CPSD) assists individuals and families in need of counseling and assessment with affordable services provided by professionals and graduate students in the mental health field. The CPSD is operated through the Department of Psychology at Virginia Commonwealth University. They provide training for clinical and counseling practicum students in the doctoral psychology programs, and for graduate students in related mental health fields. The students are supervised by faculty members who hold licenses in mental health professions, including licensed psychologists, licensed rehabilitation counselors, and licensed clinical social workers. The CPSD offers a wide range of services including services for anxiety disorders and attention deficit hyperactivity disorders.

Location: 612 North Lombardy St.
Phone: (804) 828-8069
Website: https://cpsd.vcu.edu/
Email: cpsd@vcu.edu

Chesterfield Mental Health: The Department of Mental Health Support Services (MHSS) is the provider of mental health, developmental disabilities and substance use disorder services for children and adults in Chesterfield County. Services are also available for very young children through our Prevention and Early Intervention Programs.

Location: 6801 Lucy Corr Blvd.
Phone: (804) 748-1227
Website: https://www.chesterfield.gov/878/Mental-Health-Support-Services

Counseling Private Providers: A list of private providers can be obtained through University Counseling Services

Location: University Student Commons, 907 Floyd Ave - Room 238. (M-F 8:00am - 5:00pm)
Phone: (804) 828-6200
Website: https://counseling.vcu.edu/
Email: uccounseling@vcu.edu

Location: VMI Building, 1000 E. Marshall St. - Room 412 (M-T 11:00am - 8:00pm and W-F 8:00am - 5:00pm)
Phone: (804) 828-3964 - After-Hours: (804) 828-1234 (ask to speak to a therapist)
Website: https://counseling.vcu.edu/
Email: uccounseling@vcu.edu

Family Counseling Resource Center - Substance Abuse Treatment: Family Counseling Resource Center in Richmond offers a wide variety of services, including both adolescent and adult intensive outpatient treatment, medication-assisted treatment services, and continuing care for both adults and adolescents.

Location: 4906 Radford Ave.
Phone: (804) 354-1996
Website: https://pinnacletreatment.com/location/virginia/richmond/fccr-radford/

Hanover County Mental Health: Mental Health and Drug/Alcohol Crisis Services available 24 hours a day, 7 days a week for anyone in Hanover County.

Phone: (804) 752-4200
**Website:** [https://www.hanovercounty.gov/398/Services-for-Adults](https://www.hanovercounty.gov/398/Services-for-Adults)

**Henrico Area Mental Health & Developmental Services:** Henrico Area Mental Health & Developmental Services serves people experiencing the effects of or at risk for mental illness, developmental disabilities and substance use disorders and children with developmental delays. Henrico Area Mental Health & Developmental Services promotes dignity, recovery and self-sufficiency in the lives of the people they serve.

**Location:** 10299 Woodman Rd.  
**Phone:** Same Day Access Services: (804) 727-8515 Emergency Services: (804) 727-8484  
**Website:** [https://henrico.us/mhds/](https://henrico.us/mhds/)

**FINANCIAL SUPPORT**

**Commonwealth Catholic Charities:** Commonwealth Catholic Charities provides services in Richmond to help with Adoption, Counseling, Developmental Disabilities, Food Pantry, Foster Care, Guardianship, Housing & Financial Counseling, Housing Services, Immigration Services, Interpreter Services, Pregnancy Counseling, and Refugee Resettlement.

**Locations(s):** 1601 Rolling Hills Dr. | 511 West Grace St.  
**Phone:** (804) 285-5900 | (804) 648-4177  
**Website:** [https://www.cccofva.org/](https://www.cccofva.org/)

**Jewish Family Services:** A non-profit resource for care, counseling, and adoption, Jewish Family Services is dedicated to building a stronger, healthier and happier Richmond.

**Location:** 6718 Patterson Ave.  
**Phone:** (804) 282-5644  
**Website:** [https://www.jfsrichmond.org/](https://www.jfsrichmond.org/)

**Red Cross:** Resources for disaster services, free smoke alarm installation, military family/ veteran's services, CPR/ First Aid/ Nurse Assistant training, and refugee support.

**Location:** 2825 Emerywood Parkway  
**Phone:** (804) 780-2250  
**Website:** [https://www.redcross.org/local/virginia.html](https://www.redcross.org/local/virginia.html)

**CRISIS SUPPORT, HEALTH & WELL-BEING**

**Local Emergency Rooms & Hospitals:** Students who desire emergency room evaluation should proceed directly to the emergency room or call 911. It is not necessary to contact Student Health’s on-call provider for an emergency room referral.

- VCUHS Emergency Room: 501 North 12th St. P: (804) 828-5250  
- St. Mary’s Hospital: 5801 Bremo Rd. P: (804) 285-2011  
- Chippenham Hospital: 7101 Jahnke Rd. P: (804) 320-3911  
- Johnston Willis Hospital: 1401 Johnston-Willis Dr. P: (804) 330-2000  
- Henrico Doctors Hospital: 1602 Skipwith Rd. P: (804) 289-4500  
- Memorial Regional Medical Center: 8260 Atlee Rd. P: (804) 764-6300

**Patient First** (multiple locations), closest location to VCU: Patient First Carytown 12 N. Thompson St  
**Phone:** (804) 359-1337

**BetterMed Urgent Care** (multiple locations), closest location to VCU near Willow Lawn 5215 W. Broad St  
**Phone:** (804) 554-5688
CVS Minute Clinics: (multiple locations)

VCU Hospital
General information and resources.
Phone: (804) 828-9000
Website: https://www.vcuhealth.org/

VCUH Outpatient Psychiatry: VCUH Outpatient Psychiatry is a multidisciplinary group practice consisting of licensed psychiatrists, psychologists, clinical social workers, professional counselors, and clinical nurse specialists who are faculty members in the Department of Psychiatry at the Virginia Commonwealth University Health System. They offer a full range of mental health services.

Phone: (804) 828-2000
Website: https://www.vcuhealth.org/services/psychiatry/our-services/outpatient-services

Richmond Behavioral Health: Richmond Behavioral Health is organized into four major behavioral health service areas: Mental Health; Intellectual Disabilities; Substance Use Disorders; and Access, Emergency & Medical Services.

Location: 107 South Fifth St.
Phone: General Line: (804) 819-4000 | Crisis Intervention Services: (804) 819-4100
Website: http://rbha.org/

CRISIS SUPPORT
National Suicide Prevention Lifeline: The National Suicide Prevention Lifeline provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week, across the United States.

Phone: (800) 273-8255
Website: https://suicidepreventionlifeline.org/

Richmond YWCA: Regional hotline serves anywhere in the Richmond region. Free, confidential, live trauma specialists 24/7. Can provide direction to crisis intervention, emergency shelter, counseling, case management, hospital-based services and support. Programs for survivors, resources for people experiencing sexual violence/domestic violence & intimate partner violence.

Location: 6 N 5th St.
Phone: 24/7 Hotline: (804) 612-6126 | Rape Crisis Hotline: (804) 643-0888
Website: https://ywcarichmond.org/

The National Sexual Assault Hotline - RAINN
Call 800.656.HOPE (4673) to be connected with a trained staff member from a sexual assault service provider in your area. Calling the National Sexual Assault Hotline gives you access to a range of free services including: confidential support from a trained staff member, support finding a local health facility that is trained to care for survivors of sexual assault and offers services like sexual assault forensic exams, someone to help you talk through what happened, local resources that can assist with your next steps toward healing and recovery, referrals for long term support in your area, information about the laws in your community, and basic information about medical concerns.

Phone: (800) 656-4673
Website: https://www.rainn.org/about-national-sexual-assault-telephone-hotline
**Virginia 2-1-1:** 2-1-1 Virginia is a free service that can help you find the local resources you need. They're here for you 24 hours a day, seven days a week.

**Phone:** 211
**Website:** [https://www.211virginia.org/consumer/index.php](https://www.211virginia.org/consumer/index.php)

**Virginia Family Violence & Sexual Assault Hotline:** Virginia Statewide Hotline for victims of sexual abuse, domestic violence and stalking.

**Phone:** (800) 838-8238
**Website:** [http://www.vsdvalliance.org/resources-helpayuda/get-help/?view=mobile](http://www.vsdvalliance.org/resources-helpayuda/get-help/?view=mobile)

**LGBTQ Partner Abuse & Sexual Assault Helpline:** Advocates are available to assist 24/7.

**24/7 Phone:** (866) 356-6998
**Text:** (804) 793-9999
**Chat:** vadata.org/chat

**LEGAL AID AND SUPPORT**

**Central Virginia Legal Aid Society:** Central Virginia Legal Aid Society (CVLAS) is a non-profit law firm which provides free legal assistance to low income people in civil cases and preventative legal education in our communities.

- **Richmond Office:** 101 West Broad Street, Suite 101, Richmond, VA 23220
  **Phone:** 804-648-1012 | toll-free 800-868-1012
  **Fax:** 804-649-8794

- **Petersburg Office:** 229 North Sycamore Street, Petersburg, VA 23803 ·
  **Phone** 804-862-1100 | toll-free 800-868-1012
  **Fax:** 804 861-4311 (Fax)

- **Charlottesville Office:** The C.B. Holt Rock House, 1010 Preston Avenue, Charlottesville, VA 22903 ·
  **Phone:** 434-296-8851 | toll-free 800-390-9983
  **Fax:** 434-296-5731

More information can be found here: [https://www.valegalaid.org/](https://www.valegalaid.org/)